

*Note: 10% Service fee will automatically be added
for groups of 8+ guests
No discount will be given on Pensioners day (Tuesdays)
on all items that are shared*

Breakfast

Filter Coffee/Tea/175ml Juice R19

Applies on first Breakfast item only,
thereafter full prices will be charged.

Garden Breakfast R125

Eggs, bacon, sausage, tomato, chips, toast and a muffin

Breakfast Salad R125

Greens, bacon strips, caramelised onions and sautéed
mushrooms topped with poached eggs,
blue cheese and balsamic vinegar reduction

Breakfast on Rye - v R105

Toasted Rye topped with mashed avocado topped with
2 fried/poached eggs, caramelised onions,
Cherry tomatoes & feta

Breakfast "Pizza" R120

Open Tramezzini with bacon, eggs,
mushrooms and cheese, drizzled with basil pesto

French Toast (2) with Bacon & Honey R115

Health Breakfast – v R98

Grilled mushrooms, 2 poached eggs, grilled tomato

Fruit Breakfast – v R90

Muesli, yoghurt and fresh fruit with a muffin and honey

Granola Health Bowl – v R90

Layers of yoghurt, granola and fresh fruit

Cheese Omelette & 1 Filling R99

3 Egg cheese omelette with chips or toast

Fillings: Mushroom, spinach, tomato, baked beans **R21**

Fillings: Bacon, mince, chicken livers, ham **R34**

V-Vegetarian S-Seasonal

Health Drinks & Freshly Squeezed Juice

Wine Glass @ R73 Draught Glass@ R108

- Orange
- Carrot, Apple, Ginger
- Apple, Cucumber, Celery, Lemon
- Apple, Carrot, Cucumber, Celery, Lemon, Ginger
- Beetroot, Apple, Carrot, Lemon, Ginger

Salads

Served with Health Bread

Halloumi Salad R143

Lettuce, tomato, cucumber, bacon, grilled Halloumi cheese

Crumbed Chicken Salad – s R149

Lettuce, crumbed chicken strips, avocado, sundried tomato,
feta and sweet chilli sauce

Soufflé Pancakes

Two Pancakes with cheese sauce, served with salad

Chicken Mayonnaise & Peppers R115

Savoury Mince R115

Creamy Spinach and Feta / Chicken Livers R115

Open Sandwiches

On the bread of your choice

Open Summer Sandwich R135

Herbed Cream Cheese, avo, tomato, cucumber, onion,
Cajun Chicken strips, bacon

Steak & Pear Sandwich R149

Steak strips with preserved pear slices and blue cheese

Toasted Sandwiches

Served on brown or white bread with chips or salad

Cheese & Tomato – v R75

Ham & Cheese R84

Ham, Cheese & Tomato R92

Chicken Mayonnaise & Peppers R95

Bacon & Egg R95

Bacon, Egg & Cheese R104

Savoury Mince & Cheese R95

Wraps

Greens and Tomato as a basic filling, with Chips or Salad

Chicken Strips, Peppadew, Cheddar R129

Halloumi Cheese & Onion marmalade R129

Chicken Mayonnaise, Peppers & Bacon R129

V-Vegetarian S-Seasonal

Tramezzini

With mozzarella cheese as a basic filling and salad or chips

Steak, Peppers & Fried Onion	R138
Chicken & Peppadew	R125
Savoury Mince	R125
Chicken Mayonnaise & Peppers	R125
Bacon & Avocado	R125
Cajun Chicken & Pineapple	R125
Spinach, Feta & Olives	R125

Quiches

Served with chips or salad

Blue Cheese -with caramelised onion – v	R118
Spinach & Feta Cheese – v	R118

Pasta

with grated parmesan on the side

Spaghetti Bolognaise	R145
Creamy Bacon, Chicken, Mushroom, Garlic & Parsley on Penne	R165
Creamy Sundried Tomato, Mushroom, Garlic & Parsley on Penne - v	R155

Crafted Burgers

With chips or sweet potato crisps

Chicken Burger	R125
crumbed chicken strips topped with Coleslaw	
Single Plain Beef	R138
Single Halloumi	R150
Tower of beef patty, halloumi, tomato, avocado, caramelized onion	
Cheeky Milkplum Burger	R170
Tower of beef patty, bacon, grilled mushrooms and blue cheese melt	
Hearty Garden Burger	R160
Tower of beef patty, grilled mushrooms, green peppers, avocado and mozzarella melt	
Extra patty	R55
Plate of Chips	R36
Cheese Sauce	R32

V-Vegetarian

S-Seasonal

Homemade Soup

served in a mug or in a bowl

Butternut Soup	R65
Beef & Vegetable Soup	R75

Plant-based / Vegan

Thai Coconut Vegetable & Tofu Stir-fry	R160
Served on Rice	
Chickpea and Broccoli Salad	R153
with Vegan Mayonnaise and Vegan Cheese, Dill Cucumber & Carrots	

Starters

Tikka Chicken Pizzamoosa (3)	R84
Fried thin pizza dough folded and filled with chicken, tikka sauce, onion, peppers, cheese	
Chicken Tizers (3)	R84
Crumbed Chicken Strips with Sweet Chilli Mayo Dip	
Chicken Livers	R84
Prepared in a creamy sweet balsamic reduction	
Grilled Halloumi - with Sweet & Sour Sauce	R84
Fish Cakes (2) - with Tartare sauce	R84

Main Meals

(Allow ± 30 min preparation)

Hake, Chip/Veg & Salad Grilled or Battered	R159
Crumbed Chicken Strips	R132
With a Mayo or Sweet Chilli dip and Chips or Salad	
Chicken Schnitzel	R165
Two Crumbed Chicken breasts, sandwiched with Avo and Feta. Served with cheese sauce and chips or salad	
Meat Platter for 2	R396
Ribs, Steak Strips, Sausage, Chicken Tisers, Cheese Grillers, Chips	
Beef Curry & Rice	R155
Coconut Chicken Curry & Rice	R149
Pork Ribs & Chips – 400g	R270
Pap, Wors & Sheba	R105
Layered “Cheesy” Vegetarian Oven Bake	R155
Spinach, Mushroom and Brinjals topped with Parmesan Cheese	

V-Vegetarian

S-Seasonal

Baskets

(served on a Bamboo Platter)

Served with potato wedges or chips or sweet potato crisps

Chicken Basket **R189**

3 Chicken wings, Chicken strips,
3 Chicken Tikka Pizzamoosas (folded pizza samoosa)

Milkplum Basket **R149**

Crumbed chicken strips, 3 mini beef samoosas,
3 vegetarian springrolls

Rib Basket **R196**

Cocktail ribs, spicy steak strips,
3 Pizzamoosas (folded pizza samoosa)

Garden Basket **R189**

Spicy steak strips, boerewors, 2 chicken wings

Desserts

Cinnamon Pancakes (2) **R48**

with vanilla ice cream or cream

Cinnamon Pancakes with lemon (2) **R37**

Vanilla Ice Cream & Chocolate Sauce **R55**

Malva Pudding with Custard or Ice Cream **R59**

Chocolate Brownie with Ice Cream **R62**

From our Bakery

Our Famous Cheese Cake (fridged) **R55**

Carrot Cake / Baked Cheese Cake **R65**

Milk Tart **R55**

With jam and cheese or cream

Bran Muffin **R55**

Savoury Muffin (ham and cheese) **R65**

Traditional Scone **R55**

Kiddies Menu

(strictly only for kids u/12)

Kiddies Meals **R72**

- Bacon, Scrambled Egg, Chips • Sausage & Chips
- Toasted Ham & Cheese & Chips • Burger & Chips
- Chicken Strips & Chips • Spaghetti Bolognese
- Fish Finger (3) & Chips

Kiddies Vanilla Ice Cream in a tub **R25**

flavoured syrup (assorted flavours)

Drinks: Juice/Milo/Hot Chocolate **R35**

Kiddies Milkshake **R40**

Coffee

Filter Coffee **R36**

Filter Refill **R30**

Premier Filter Coffee & Cream **R48**

Additional on all Coffee prices

Coffee in a Mug **+R10**

With Almond Milk **+R10**

	Single	Double
Americano	R39	R51
Espresso	R37	R49
Red Espresso	R39	R51
Cappuccino/Red Cappuccino with Foam	R40	
Cappuccino/Red Cappuccino with Cream	R47	
Decaffeinated Coffee	R43	
Decaffeinated Cappuccino	R47	
Flat White (double espresso & foam)	R51	

Hot Soothers & Tea

Café Latte **R53** **Red Latte** **R59**

Shot of Espresso with
steamed milk,
topped with foam

Red Espresso with
steamed milk,
topped with foam

Chai Latte **R57** **Café Mocha** **R59**

Spiced Black Tea with
steamed milk

Espresso, chocolate and
milk topped with cream

Milo/Hot Chocolate **R49**

White Hot Chocolate **R55**

Tea - Ceylon / Rooibos **R29**

Tea - Earl Grey, Green Tea, Chamomile **R35**

Cold Drinks

Ice Tea - Peach/Lemon **R46**

Energy Drink: Red Bull **R60**

Grapetiser / Appletiser / Cordial & Mix **R46**

Coke Zero/Sprite Zero **R35**

Coke/Sprite/Creme Soda/Fanta/Stoney **R36**

Rock Shandy / Soda Float **R56**

Mineral Water 500ml: Still/Sparkling **R23**

Fruit Juice: Orange, Cocktail, Mango **R44**

Milkshakes **R56**

Strawberry/Chocolate/Lime/Bubblegum/Coffee/Banana

Double Thick Additional **+R25**

Frulata **R59**

Fresh Fruit, cocktail juice and ice cream

Freezos & Smoothies **R63**

Coffee/Mixed Berry/Mango

Wine List

Per 240ml Glass

Dry White	R49	Rosé	R49
Semi-Sweet White	R49	Dry Red	R49

White Wine:

Van Loveren Sauvignon Blanc	R175
Du Toitskloof Sauvignon Blanc	R210
Ken Forrester Chenin Blanc	R210
Fat Bastard Chardonnay	R210
House Wine: Dry / Semi-Sweet	R164

Rosé Wine:

Nederburg Rosé	R164
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Red Wine:

Chateau Libertas	R193
Van Loveren Merlot	R195
Darling Cellars Black Granite Shiraz	R220
Beyerskloof Pinotage	R240
House Wine: Dry Red	R176

Sparkling Wine:

JC le Roux:	R185
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Sauvignon Blanc / Le Domaine / La Fleurette

Non-Alcoholic available

Spirits:

Bells / J&B Whiskey	R33	Gordon's Gin	R29
Jameson Whiskey	R45	Mainstay Cane	R32
Johnny Walker Black	R50	Spiced Gold	R32
Jack Daniels	R38	Red Heart Rum	R32
Klipdrift / Richelieu	R29	Mixers 200ml	R33
Count Pushkin Vodka	R29		

Beer:

Castle Lite	R37	Flying Fish	R44
Black Label	R37	Heineken	R42
Windhoek Draught	R46	Stella Artois	R44
Windhoek Lager	R42		

Ciders:

Savanna Dry / Light	R41	Hunters	R39
Savanna 0.00	R41	Smirnoff Spin	R41

Liqueur:

Amarula / Montez	R29	Medium	R24
Cape Velvet / Kahlua	R29	Full Cream	R24

Dom Pedros:

	R65
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Whiskey/Kahlua/Cape Velvet/Amarula

Alcoholic Coffee:

	R65
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Whiskey/Kahlua/Cape Velvet

Cocktails:

Strawberry Daiquiri	R85
Pina Colada	R85
Long Island Iced Tea	R105